



Suggestions for Parents and Carers Supporting Young Children with EAL



Early Years

The Importance of using your First Language

It is important to use first language with your child as it will help to continue developing their language skills. It will also support them to learn English. If your child knows what the meaning of words in first language is they will also learn the word much more quickly in English as well.

Talk with your child at meal times and you can also read and tell stories in first language. As your child starts to understand their first language they will then start to respond to you in first language or in English.

Coronavirus

Latest NHS Guidelines
Translated into 34 Languages
<https://www.doctorsoftheworld.org.uk/coronavirus-information>

This is a useful website and the link provides translation of NHS information.

Sensory Basket

Put different items from around the home into a basket for children to play with. These could include wooden spoons, fabrics and shells. Create a range of textures, colours and fabrics. Encourage children to play with these items. Children can talk about the objects, what they feel, look or smell like. Also discuss what they are made of or where they can be found. The activity will help children to explore, talk and problem solve.

Gardening

Plant seeds in pots, such as flowers, beans or cress and encourage your child to water and check them every day.

Cooking and Baking

Lots of recipes for cakes, biscuits and simple meals are available on the internet including BBC recipes. Search for Kids recipes or Children's recipes.

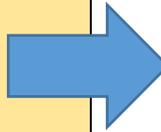
Suggested language activities and games to play

Playdough

Make playdough and play with it with your child, making characters and objects from stories.

Playdough recipe

1 cup of water
1 tablespoon of vegetable oil
½ cup of salt
1 tablespoon of cream of tartar (This makes the playdough last longer)
A few drops of food colouring
1 cup of flour



Method

1. Mix the water, oil, salt, cream of tartar and food colouring in a saucepan and heat until warm.
2. Remove from the heat and add the flour.
3. Stir, then knead until smooth.
4. Store in an airtight container or closed plastic bag.

Books to Share

Tell stories using first language or English. Encourage your child to talk about the story. Animated films of these stories and others are available on YouTube. Read as many stories as possible with your child.

"The Hungry Caterpillar" by Eric Carle

Use food pictures or food items to create your own version of the story.

"We're going on a bear hunt" by Michael Rosen

Use household items to represent the different textures such as cotton wool for the snow.

Suggested language activities to help with listening and talking

Suggested Websites, TV programmes and YouTube clips to watch:

Cbeebies and CBBC programmes and websites. These websites contain activities, games, stories and much more.

Oxford Owl for Home website. Free eBooks, kids' activities (by age) and advice for parents. Also clips of actors telling stories for young children. (Search on Oxford Owl for "Story time".)

Search on YouTube for BBC Schools' programmes for young children, including "Words and Pictures", "Story time" and "Number time". These include stories, songs, craft activities and reading and writing.

Polka Theatre website. Clips of actors reading popular picture stories for children with follow-up activities.

Baby Shark (YouTube) has lots of different songs with actions for children to learn such as "Wash your hands with baby shark"

Celebrity Lessons

Celebrities are helping parents turn their homes into classrooms by lending their skills to the nation. Here's a run-down of the celebrity lessons you can enrol your children in...

Story Time with Floella Benjamin

Maths with Carol Vorderman

PE with Joe Wicks

Music with Myleene Klass