

Primary

Children learn best through playing and doing, they will remember more if they can try out their ideas and learn from their mistakes. There is so much parents can do with their children without opening a schoolbook. Here are some suggestions for different subjects. Please remember that supporting your child by speaking their First Language with them is the best way you can help them.

Coronavirus

Latest NHS Guidelines Translated into 34 Languages

<https://www.doctorsoftheworld.org.uk/coronavirus-information>

This is a useful website and the link provides translation of NHS information.

Useful websites

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| • bbc.co.uk | daily lessons available for all ages |
| • oxfordowl.co.uk | free reading books and activities |
| • Elllo.org | aimed at everyone learning English |
| • learnenglishkids.britishcouncil.org | free activities and support |

Your child's school will give you details of the websites they recommend.

Talking, Reading and Writing



Speak to your child in your own language, use this as a time to help them to learn new words, and to improve their First Language.

Read to your child in your own language, if they are able to read you can share the book, but they will enjoy listening to you. Talk about the story, what you like or don't like about it, what will happen next? There are stories available online.

Encourage your child to read in English as well, there are free online books, they can do research for their gardening, they could also find out about something which interests them.

Try keeping a diary each day, they could write something, draw a picture, press a flower, stick in some spare seeds or just write some words to describe how they are feeling.

Children can enjoy writing a letter, if there is someone they admire, such as a footballer or a singer, look for an address, perhaps the football ground or the music company and send the letter there.

Your child is reading and writing for a purpose, they are learning new words, finding different reasons to read for information and writing to tell someone something.

Cooking



Even very small children can do most of the cooking, with a parent there to help. It can be frustrating when they make a mess, but they can also help to tidy up.

Look at cookery books, or online, find an interesting recipe and make it. They will need to read the ingredients and instructions, find everything and work out what they have to do.

Parents who cook without recipes can talk about what they are doing, explain why you use a certain spice or herb, children can think about how much you need to cook for everyone in the house.

Children can set the table, how many plates and glasses do you need? Who sits where? They can also tidy up and wash up after the meal or cooking session. They are learning about hygiene, working with others and helping others.

Gardening



Most children love to plant seeds, even if they do not have a garden. Use yoghurt pots, egg boxes or food trays, to sow your seeds, most supermarkets will sell a small bag of compost.

Plant a few herbs, tomatoes and salad leaves, the seeds should germinate easily inside, a little water each day will help them. If you have a garden, start your plants inside, then plant them outside when it is warmer.

When the plants have grown, plant them out. Use the bottom of plastic bottles, a cardboard box with a plastic bag inside or buy some small plant pots, keep the soil moist, pick the leaves when there are lots, more will grow.

Make a chart to remind you to water your plants, count how many days they take to start growing, draw pictures of them at each stage, talk about what is happening, what does the plant need to grow?

Look in books or online to find out about the lifecycle of a plant, what do all living things need?

Your children are taking responsibility for a living thing, finding out about why we need plants and learning about healthy eating.